

Instructions for use & care

Pregnancy | Breastfeeding | Everyday comfort



IMPORTANT: Read carefully before first use and keep these instructions for future reference.

Product at a glance

Size	approx. 194 x 42 cm
Filling	approx. 45 L fine EPS microbeads
Outer cover	100% jersey cotton
Inner casing	92% polyester, 8% elastane
Quality	Fabrics certified to OEKO-TEX STANDARD 100; EPS microbeads tested for harmful substances
Origin	Made in Germany

How to use your CoPillow

1

During pregnancy

Position the CoPillow along your belly, back or legs to support a comfortable side-lying position. Reshape and reposition the pillow whenever needed until it feels comfortable for you.

2

While breastfeeding

Place the CoPillow in front of, beside or around your body. Position your baby comfortably so your arms, shoulders, neck and back are supported. Always hold and supervise your baby; the face, mouth and nose must remain unobstructed.

3

After the breastfeeding period

Use the CoPillow later as a backrest, reading or relaxation pillow. The CoPillow is not a sleep pillow for infants.

Adjusting the filling

The inner casing has a double zipper. Open it only on a stable surface and keep the opening facing upward.

1

Remove the outer cover.

2

Carefully open both zippers of the inner casing.

3

Remove or add only small amounts of EPS microbeads. Work over a large container or sheet and keep the microbeads away from children.

4

Close both zippers completely and check that no filling can escape.

5

Refit the outer cover. The filling may settle over time; readjust the amount if needed.

Care & cleaning

- Remove the outer cover and machine-wash at 30 °C. Close the zipper, use a mild detergent and always follow the sewn-in care label.
- Do not use aggressive cleaners or bleach.
- Clean or wash the filled inner pillow only if the sewn-in care label on your product version explicitly allows it. Check seams and zippers first. Do not wash or use the pillow if damaged.
- Allow all parts to dry completely before use.

Safety information

WARNING - The CoPillow is not a sleep product for infants.

- Never leave a baby unattended on, in or under the pillow.
- The baby's face, mouth and nose must remain clear at all times.
- Do not use as an infant sleep positioner and do not place it in a cot, bassinet or bedside crib.
- Regularly inspect the cover, inner casing, seams and zippers for damage. Stop using the product if damaged.
- Escaped EPS microbeads may be swallowed. If filling leaks out, stop using the pillow immediately, remove all beads and keep them away from children.
- Keep packaging materials away from children - suffocation hazard.

Manufacturer / responsible economic operator

GWS GmbH
Blochmattenstraße 16
79423 Heitersheim, Germany
info@manduca.de | +49 (0)7634 50762-01
www.manduca.de